

TABLE OF CONTENTS

Date Lady 2

Bagels & English Muffins 3

Buns & Rolls 4

Challah 6

Coffee 7

Crumbs & Croutons 9

Gift Baskets 10

Granola 11

Real Food Protein Bars 12

Sandwich Breads 13

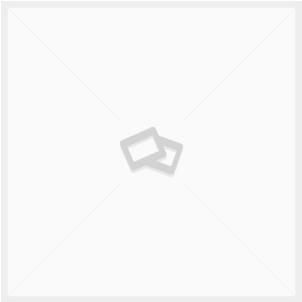
Sourdough Pasta 15

Sourdough Sweets 19

Sweets & Cookies 22

Tortillas & Pizza Crusts 26

DATE LADY

Image	SKU	Product	Price
	80000	Organic Date Lady Date Syrup - 12 oz.	\$8.99
	80001	Organic Date Lady Date Sugar - 12 oz.	\$10.99
	80002	Organic Date Lady Chocolate Spread	\$11.99
	80005	Organic Date Lady BBQ Sauce	\$13.49
	80006	Organic Date Lady Sweet Chili Sauce	\$13.49

BAGELS & ENGLISH MUFFINS

Image	SKU	Product	Price
	7060	New York Bagels - 6 pk	\$6.99
	7061	Cinnamon Sourdough Bagels - Sweetened with Dates - 6 pk	\$8.99
	7062	SOURDOUGH Bagels - 6 pk	\$6.99
	7063	SOURDOUGH English Muffins - 6 pk	\$7.49
	7064	Sprouted Sourdough English Muffins - 6 pk	\$8.29
	7065	Sprouted Sourdough Bagels - 6 pk	\$7.99
	7066	Sprouted Rye Sourdough Bagels	\$7.99

BUNS & ROLLS

Image	SKU	Product	Price
	7086	100% Sprouted Sourdough Hotdog Buns - 8 pk	\$7.99
	7088	100% Sprouted Sourdough Burger Buns - 8 pk	\$7.99
	7089	Sourdough Burger Buns (Medium/Large) - 8 pk	\$8.59
	7101	Sourdough Hot Dog Buns - 8 pk	\$6.99
	7104	Beautiful Burger Buns - 8 pk	\$6.99
	7105	Beautiful Hotdog Buns - 8 pk	\$6.99
	7106	SLICED Beautiful Burger Buns - 8 pk	\$9.99



7107	Soft and Fluffy Dinner Rolls	\$6.99
------	------------------------------	--------



7299	Sprouted Sourdough Dinner Rolls - 12 pk	\$7.99
------	---	--------



7301	Sourdough Dinner Rolls - 12 pk	\$6.99
------	--------------------------------	--------



7503	Beautiful Burger Buns - 8 pk - Large	\$8.59
------	--------------------------------------	--------

CHALLAH

Image	SKU	Product	Price
	7087	100% Sprouted Sourdough Challah	\$8.99
	7111	Apple Pie Swirl Challah	\$8.99
	7115	Cinnamon Swirl Challah	\$7.99
	7116	Traditional Round Challah	\$6.99

COFFEE

Image	SKU	Product	Price
	80020	Alex's Low Acid Organic Coffee Decaf Fresh Ground - 12 oz.	\$19.99
	80021	Alex's Low Acid Organic Coffee French Roast Fresh Ground-12 oz.	\$19.99
	80022	Alex's Low Acid Organic Coffee Half Caff Fresh Ground-12 oz.	\$21.99



80023	Alex's Low Acid Organic Coffee Rise and Shine Fresh Ground-12 oz.	\$21.99
-------	--	---------



80030	Alex's Low Acid Organic Coffee Decaf- K Cups	\$16.99
-------	--	---------



80031	Alex's Low Acid Organic Coffee French Roast- K Cups	\$16.99
-------	---	---------



80032	Alex's Low Acid Organic Coffee Half Caff- K Cups	\$16.99
-------	--	---------

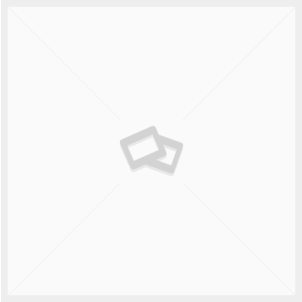
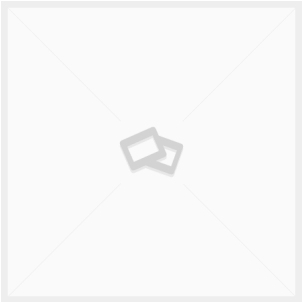


80033	Alex's Low Acid Organic Coffee Rise & Shine- K Cups	\$16.99
-------	---	---------

CRUMBS & CROUTONS

Image	SKU	Product	Price
	7055	Bread Crumbs	\$5.99
	7056	SOURDOUGH Bread Crumbs	\$5.99
	7057	Crunchy Garlic Sourdough Croutons	\$6.99
	7058	Garlic Sourdough Rye Croutons	\$6.99
	7314	SOURDOUGH Unseasoned Stuffing Mix	\$5.99

GIFT BASKETS

Image	SKU	Product	Price
	7302	Small Gift Basket	\$24.99
	7303	Medium Gift Basket	\$39.99
	7304	Large Gift Basket	\$67.99
	7315	Wrap As A Gift Basket	\$5.00

GRANOLA

Image	SKU	Product	Price
	7051	Heavenly Chocolate Granola - NO Added Gluten or Sugar!	\$9.99
	7052	Heavenly Cookie Crunch Granola - NO Added Gluten or Sugar	\$9.99
	7053	Heavenly Morning Spice Granola	\$9.99

REAL FOOD PROTEIN BARS

Image	SKU	Product	Price
	7450	Real Food Protein Bars - Sampler 12-Pack	\$35.99
	7626931634431	Real Food Protein Bars - Chocolate Lover's	\$3.29 – \$35.99
	7627025842431	Real Food Protein Bars - Cinnamon Raisin	\$3.29 – \$35.99
	7627025842431-1	Real Food Protein Bars - Pumpkin Spice	\$3.29 – \$35.99
	7627027316991	Real Food Protein Bars - Simply Coconut	\$3.29 – \$35.99

SANDWICH BREADS

Image	SKU	Product	Price
	7070	Healthy White Sandwich Bread	\$5.99
	7074	Rustic Sourdough	\$6.99
	7075	Whole Grain Sprouted Sourdough	\$7.99
	7076	Worlds Best Sprouted Rye Sourdough	\$7.99
	7078	Awesome Sprouted Oatmeal Sourdough	\$7.99
	7079	100% Sprouted Spelt Sourdough	\$8.99
	7080	Turmeric Sourdough	\$7.99



7081	Cinnamon Sourdough	\$7.99
------	--------------------	--------



7082	Cinnamon Sprouted Sourdough - Sweetened with Dates	\$8.99
------	--	--------



7083	100% Sprouted Whole Wheat Sourdough	\$7.99
------	-------------------------------------	--------



7093	Whole Grain Sprouted Sourdough Round Loaf	\$7.99
------	---	--------



7094	Whole Grain Sprouted Sourdough Baguette	\$7.99
------	---	--------

SOURDOUGH PASTA

Image	SKU	Product	Price
	7320	High-Fiber Sourdough Fusilli Pasta	\$5.99
	7321	High-Fiber Sourdough Corkscrew Pasta	\$5.99
	7323	High-Fiber Sourdough Shell Pasta	\$5.99
	7324	High-Fiber Sourdough Macaroni Elbow Pasta	\$5.99
	7325	High-Fiber Sourdough Rigatoni Pasta	\$5.99
	7326	High-Fiber Sourdough Penne Pasta	\$5.99



7330	Sprouted Spelt Sourdough Fusilli Pasta	\$6.99
------	--	--------



7331	Sprouted Spelt Sourdough Corkscrew Pasta	\$6.99
------	--	--------



7333	Sprouted Spelt Sourdough Shell Pasta	\$6.99
------	--	--------



7334	Sprouted Spelt Sourdough Macaroni Elbow Pasta	\$6.99
------	---	--------



7336	Sprouted Spelt Sourdough Penne Pasta	\$6.99
------	--	--------



7340	Sprouted Sourdough Fusilli Pasta	\$6.99
------	-------------------------------------	--------



7341	Sprouted Sourdough Corkscrew Pasta	\$6.99
------	---------------------------------------	--------



7342	Sprouted Sourdough Alphabet Pasta	\$6.99
------	--------------------------------------	--------



7343	Sprouted Sourdough Shell Pasta	\$6.99
------	-----------------------------------	--------



7344	Sprouted Sourdough Macaroni Elbow Pasta	\$6.99
------	--	--------



7345	Sprouted Sourdough Rigatoni Pasta	\$6.99
------	--------------------------------------	--------



7346	Sprouted Sourdough Penne Pasta	\$6.99
------	-----------------------------------	--------

SOURDOUGH SWEETS

Image	SKU	Product	Price
	4510539448413	Banana Muffins (Sourdough)	\$1.99 – \$150.00
	4510540398685	Chocolate Chip Muffins - Date Syrup (Sourdough)	\$1.99 – \$150.00
	4510541021277	Pumpkin Muffins - Date Syrup - (Sourdough)	\$1.99 – \$150.00
	4510542266461	Zucchini Muffins - No Added Sugar (Sourdough)	\$1.99 – \$150.00
	5785429475493	Cranberry Muffins - Date Syrup (Sourdough)	\$1.99 – \$150.00
	5785429475493-1	Blueberry Muffins - Maple Syrup (Sourdough)	\$2.49 – \$175.00
	6949306925221	Date Honey Cake Muffins (Sourdough)	\$1.99 – \$150.00
	7009	9 Inch Heart Cake - Chocolate - Date Syrup (Sourdough)	\$19.99



7012 9 Inch Heart Date Honey Cake (Sourdough) \$19.99



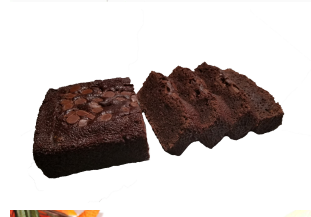
7132 Banana Bread - 18 oz. (Sourdough) \$9.99



7133 Banana Bread Large Loaf - 24 oz (Sourdough) \$13.99



7134 Chocolate Chip Cake -18 oz. - Date Syrup (Sourdough) \$9.99



7135 Chocolate Chip Cake Large Loaf - 24 oz - Date Syrup (Sourdough) \$13.99



7136 Pumpkin Bread - 18 oz - Date Syrup - (Sourdough) \$11.99



7138 Zucchini Bread - No Added Sugar - 18 oz. (Sourdough) \$9.99



7139 Zucchini Bread Large Loaf - No Added Sugar - 24 oz (Sourdough) \$13.99



7140 Cranberry Bread - 18 oz. - Date Syrup (Sourdough) \$9.99



7141 Cranberry Bread - 24
oz. - Date Syrup \$13.99
(Sourdough)



7142 Date Honey Cake - 18
oz. (Sourdough) \$9.99



7143 Date Honey Cake - 24
oz (Sourdough) \$13.99



7144 Blueberry Bread - 18
oz. - Maple Syrup \$11.99
(Sourdough)



7145 Blueberry Bread - 24
oz. - Maple Syrup \$15.99
(Sourdough)



7156 Oatmeal Chocolate
Chip Cookies - 9 pk - \$6.99
(Sourdough)



7161 Muffin Sampler \$7.99
(Sourdough)

SWEETS & COOKIES

Image	SKU	Product	Price
	4510539448413	Banana Muffins (Sourdough)	\$1.99 – \$150.00
	4510540398685	Chocolate Chip Muffins - Date Syrup (Sourdough)	\$1.99 – \$150.00
	4510541021277	Pumpkin Muffins - Date Syrup - (Sourdough)	\$1.99 – \$150.00
	4510542266461	Zucchini Muffins - No Added Sugar (Sourdough)	\$1.99 – \$150.00
	5785429475493	Cranberry Muffins - Date Syrup (Sourdough)	\$1.99 – \$150.00
	5785429475493-1	Blueberry Muffins - Maple Syrup (Sourdough)	\$2.49 – \$175.00
	6949306925221	Date Honey Cake Muffins (Sourdough)	\$1.99 – \$150.00
	7007	Cinnamon Roll Pan - 9 inch	\$16.99



7009	9 Inch Heart Cake - Chocolate - Date Syrup (Sourdough)	\$19.99
------	--	---------



7012	9 Inch Heart Date Honey Cake (Sourdough)	\$19.99
------	--	---------



7132	Banana Bread - 18 oz. (Sourdough)	\$9.99
------	--------------------------------------	--------



7133	Banana Bread Large Loaf - 24 oz (Sourdough)	\$13.99
------	---	---------



7134	Chocolate Chip Cake -18 oz. - Date Syrup (Sourdough)	\$9.99
------	--	--------



7135	Chocolate Chip Cake Large Loaf - 24 oz - Date Syrup (Sourdough)	\$13.99
------	--	---------



7136	Pumpkin Bread - 18 oz - Date Syrup - (Sourdough)	\$11.99
------	--	---------



7137	Pumpkin Bread Large Loaf - 24 oz - Date Syrup - (Sourdough)	\$15.99
------	---	---------



7138

Zucchini Bread - No
Added Sugar - 18 oz.
(Sourdough)

\$9.99



7139

Zucchini Bread Large
Loaf - No Added Sugar
- 24 oz (Sourdough)

\$13.99



7140

Cranberry Bread - 18
oz. - Date Syrup
(Sourdough)

\$9.99



7141

Cranberry Bread - 24
oz. - Date Syrup
(Sourdough)

\$13.99



7142

Date Honey Cake - 18
oz. (Sourdough)

\$9.99



7143

Date Honey Cake - 24
oz (Sourdough)

\$13.99



7144

Blueberry Bread - 18
oz. - Maple Syrup
(Sourdough)

\$11.99



7145

Blueberry Bread - 24
oz. - Maple Syrup
(Sourdough)

\$15.99



7150

Chocolate Chip
Cookies - 9 pk

\$5.99



7152 Soft & Chewy Oatmeal \$5.99
Cookies - 9 pk



7156 Oatmeal Chocolate \$6.99
Chip Cookies - 9 pk -
(Sourdough)



7158 Chocolate Chip \$6.99
Cookies - 9 pk - Maple
Syrup



7159 Double Chocolate \$6.99
Brownie Cookies - 9 pk
- Maple Syrup



7161 Muffin Sampler \$7.99
(Sourdough)



7311 Cinnamon Swirl Rolls - \$5.99
2 large rolls

TORTILLAS & PIZZA CRUSTS

Image	SKU	Product	Price
	7029	Sprouted Sourdough Tortillas- 5 inch	\$6.99
	7030	Sprouted Sourdough Tortillas- 8 inch	\$6.99
	7031	Sourdough Tortillas- 5 inch	\$5.99
	7032	Sourdough Tortillas- 8 inch	\$5.99
	7033	Terrific Tortillas- Mini Taco - 8 pk	\$5.99
	7034	Terrific Tortillas-Taco Size - 6 pk	\$5.99
	7040	Terrific Tortillas-Burrito - 4 pk	\$5.99
	7043	2 pk - 6 inch Sourdough pizza crusts	\$5.99



7044	9 inch Sourdough Pizza Crust	\$5.99
------	---------------------------------	--------



7045	2 pk - 6 inch Sprouted Sourdough pizza crusts	\$6.99
------	---	--------



7046	9 inch Sprouted Sourdough Pizza Crust	\$6.99
------	---	--------